

# Ready for School. Set for Life.

Partnering with parents and families to help all children stay healthy and succeed in school.



## Parent Guide to First Things First Funded Programs in Southeast Maricopa

## Contact

*Are you a parent or caregiver looking for resources and support?*

### Home Visitation Programs

Voluntary home visitation programs that give families of young children from prenatal and newborns to age 5 stronger, more supportive relationships with their parents on a variety of topics, including parenting skills, early childhood development, literacy, etc. Connects parents with community resources to help them better support their child's health and early learning.

### My Child's Ready Alliance Partners

Healthy Families

Child Crisis Center

Parenting Arizona

Arizona Partnership for Children (AzPAC)

### Parent Education Program

Voluntary classes in community-based settings to strengthen families with young children.

### Family Resource Centers

Strengthens families of young children by providing locally-based information and instruction on health and child development issues.

**My Child's Ready**  
(480) 304-9440

**Arizona's Children's Association**  
(602) 371-1366

**Lutheran Services of the Southwest**  
(602) 714-0078

***Do you have parenting questions or need advice?***

**Birth to Five Helpline**

Helps families with young children get free answers to their toughest parenting questions.

**Southwest Human Development**

1-877-705-KIDS (5437)

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***Do you want information about your child's physical or oral health?***

**Early Childhood Oral Health Prevention Program**

Provides oral health screenings and fluoride varnishes in a variety of community-based settings; provides trainings to families on the importance of oral health care for their children; and provides outreach to dentists to encourage service to children for a first dental visit by age one.

**Dignity Health Foundation – East Valley  
Early Childhood Oral Health Prevention Program**  
(480)728-3813

**Health Insurance Enrollment**

Collaborates with AHCCCS to expand Health E-App internet application used for families. Increases children's access to preventive health care and builds community awareness of the availability of public health insurance options.

**Lutheran Social Services of the Southwest**  
(602) 714-0078

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***Do you need to find quality child care for your infant, toddler or preschooler?***

**Child Care and Pre-K Scholarships**

Provides scholarships to children to attend quality early care and education programs.

**Valley of the Sun United Way**  
1-866-973-0012  
[www.azftfscholarships.org](http://www.azftfscholarships.org)

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***Do you need to keep your safe and well?***

Food boxes and emergency assistance improves the health and nutrition of children 5 and younger and their families.

**United Food Bank**  
(480) 926-4897

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**First Things First Southeast Maricopa Regional Partnership Council**  
**For more information contact:**

Terri Duhart, Regional Director, [tduhart@azftf.gov](mailto:tduhart@azftf.gov) or (602) 771-4985  
John Taylor, Community Outreach Coordinator, [jtaylor@azftf.gov](mailto:jtaylor@azftf.gov) or (602) 771-4993

**Southeast Maricopa ZIP Codes**

85201, 85202, 85203, 85204, 85205, 85206, 85207, 85208, 85209,  
85210, 85211, 85212, 85213, 85214, 85215, 85216,  
85120, 85127, 85220, 85142, 85242, 85256, 85233, 85234, 85236, 85274,  
85275, 85277, 85295, 85296, 85297, 85298, and 85299